

Guide to your Trail Adventure

Anchorage
Parks & Recreation
Phone 343-4474



Eagle River
Parks & Recreation
Phone 694-2011

Summer

General Rules of the Road

1. **Be courteous to all users.** These are multi-use trails. Please be respectful of other users, regardless of their mode, speed or level of skill. Smile and speak to others.
2. **Don't block the trail.** When you're in a group or with a pet, use no more than half the trail. Don't block the flow of other users.
3. **Be predictable.** Sudden changes in direction or position on the trail cause accidents. Glance behind you before changing position on the trails.
4. **Always use safe speeds.** The trails are not for racing. Slow to 5 mph at tunnels and in congested areas. Always ride or skate under control.
5. **Slower traffic has the right-of-way.** All users yield to slower traffic. Bicycles yield to pedestrians & equestrians. Skaters yield to pedestrians & equestrians.
6. **Control your dog on the trails.** Always use a leash or hold your dog when approaching or passing others. Remember to scoop up after your dog.
7. **Keep right except to pass.** Always stay to the right of the trail to allow others to pass safely on your left.
8. **Yield when entering or crossing trails and roads.** Always yield to traffic in roadways or when entering the trail from trailheads or spurs. Don't count on others stopping for you.
9. **Keep the trail clean.** Don't litter – pack your trash.
10. **Use your voice or a bell when passing.** People don't always hear you coming, so please say, "on your left" when approaching from behind.
11. **Always speak to horses so they don't spook.** Horse lovers will tell you to help them by saying "hello" or simply speaking to them. That way the horse will know you're human. Otherwise, depending on the horse they may be spooked.
12. **Respect the trail and park.** Please avoid earthen trails during muddy, soft ground conditions. Your tracks may not be welcomed by others. Trail use may be limited in the spring and fall seasons.
13. **Trails are for non-motorized activities.** Please report to Anchorage Police Department any motorized activities on trails.

Winter

Snow Trail Etiquette

1. **Do not take dogs, horses or Mt. Bikes on designated ski trails.** These activities destroy tracks and may create hazards. Use the multi-use or skijoring trails & remember to scoop after your dogs.
2. **Watch for grooming equipment any time of the day or night.** Please move well off the trail to allow equipment to pass.
3. **Avoid skiing directly behind grooming equipment.** It takes 2-4 hours for freshly groomed snow to "set up" and harden. Fresh tracks are irresistible, but resisting can make the trails last longer.
4. **Travel in the indicated direction of traffic.** Practicing this rule will prevent accidents and damage to the tracks.
5. **Do not skate across diagonal tracks.** Respect the DIAGONAL/CLASSICAL SKIING ONLY trails.
6. **You were a beginner too.** Be respectful and considerate of other's skiing abilities. If you fall, fill in the hole.
7. **Please respect wildlife.** Remember that you are in their home.
8. **Closed trails are for your safety.** During competitions, portions of the trail system may be closed. Please respect all closures.
9. **Don't become a trail obstacle.** If you fall, get clear of the trail quickly and repair the damage. Do not stop where you obstruct the trail or are not visible.
10. **A pulled sled is allowed on multi-use trails.** If you tow a pulk (sled), please use skate lanes.
11. **Passing is a two-way affair.** When passing, pleasantly let those ahead know your intentions well in advance so they have time to move aside.
12. **Horses know the human voice.** Use spoken words when passing Equestrians on multi-use trails. Ample warning will help them control their animals.
13. **Dog mushing trails are for the dogs.** Dog teams travel up to 40 mph and can not stop quickly. If you find yourself on their trail, with a team coming, get off into the snow then retrace your route.
14. **Multiuse trails are for all.** When you ski on multi-use trails, respect the rights of other users.



If you have trail questions, please feel free to contact us at the above numbers. Happy Trails!

Trail Tips

Pedestrians

Watch for other trail users. Keep alert for other users. Glance over your shoulder once in a while to stay aware of those around you. Listen for audible signals and help faster trail users pass safely.

Equestrians

Respect sensitive trail conditions. Horses damage soft muddy trails.

Speak to trail users. Help teach people about horses. Many don't know that they need to talk to you.

Skiers/Winter Trail Users

Be prepared to be safe. Be aware of conditions and plan your trail experience accordingly.

Bicyclists & In-line Skaters

Yield to pedestrians & equestrians. It is your responsibility to yield to slower traffic.

Ride or skate single file when passing. When you're being passed, please be courteous.

Wear a helmet for protection. Helmets save lives. Please wear one while biking or skating. Also use wrist and knee pads while skating.

Use lights at night. When bicycling at night use lights for visibility.